




YSGOL CASMAEL

Pennaeth/Headteacher: Mrs Amanda Lawrence

Amserlen wythnosol/Weekly timetable



10.10.22-14.10.22

Dydd Llun	<p>Addysg Gorfforol Dosbarth Mrs.James (Gwyrdd) Physical Education (Green)</p> <p>Dosbarth Glas a Gwyrdd Llanast Llun/Blue and Green Class (Mrs. Phillips and Mrs. James) - Messy Mondays</p> <p>Please bring a coat and wellies (labelled in a bag!)</p> 
Dydd Mawrth	<p>Addysg Gorfforol/Physical Education Dosbarth Mrs.Phillips(Glas) Dosbarth Melyn a Phinc - Gwersi Nofio/Yellow and Pink Class - Swimming (Swimming costume and a hat please)</p>
Dydd Mercher	<p>Gwersi Llinynnau/String and Harp Lessons</p> <p>Clwb Ffitrwydd yr Urdd/Urdd Fitness Club 3.15-4.15, Bl 2-6</p> <p>Fe fydd angen ymaelodi i gymryd rhan/All participants must be Urdd members.</p>
Dydd Iau	<p>Addysg Gorfforol Dosbarth Mrs.George (Melyn) & Mrs. Jones Class Physical Education (Pinc)</p> <p>Gwersi Chwythbrennau ac offerynnau taro/Woodwind Lessons and percussion lessons</p>
Dydd Gwener	<p>Gwener Gwyllt - Dosbarth Melyn a Phinc- fe fydd angen cot ac esgidiau glaw.</p> <p>Yellow and Pink Classes (Mrs. George and Mrs. Jones) Please bring a coat and wellies labelled in a bag!</p> <p>Gwersi Pbuzz/Pbuzz lessons - Dosbarth Melyn</p> <p>Diwrnod Shwmae</p>  

Dyddiadau Pwysig/Important dates

21.10.22 - Diolchgarwch yr Ysgol/Harvest Service 1.30p.m -

Neuadd yr ysgol/School Hall

27.10.22 - Trawsgwlad/Crosscountry competition

28.10.22 - Cystadleuaeth CogUrdd/CogUrdd competition.

31.10.22 - 4.11.22 Hanner Tymor

10.11.22 - Jambori yr Urdd

11.11.22 - Ffotograffiau unigol/teulu Individual/family photos

22.12.22 - Diwedd Tymor/End of Term

23.12.22 - Hyfforddiant Mewn Swydd/Staff Training

Gwnewch yn siwr bod pob darn o ddillad wedi'i labelu'n glir. Could you please make sure all items of clothing are clearly labelled.

Llau Pen/Head Lice

Mae sawl achos o llau pen yn yr Ysgol. Y ffordd gorau o gael gwared ohonynt yw i gribo gwallt eich plant bob 3 diwrnod er mwyn torri cylch bywyd yr anifeiliaid bach drwg, Mae angen i bawb gwneud hyn er mwyn i ni ddatrys y problem.

A number of cases of head lice have been reported to the school. The best way to help solve this problem is to comb your child's hair thoroughly every 3-4 days to help break the life cycle of these annoying animals. However everybody needs to do this if we are to solve this problem



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Gwyliau

Cofiwch nad oes gan rieni hawl awtomatig i dynnu disgyblion o'r ysgol am wyliau ac, yn ôl y gyfraith, mae'n rhaid i rieni gwneud cais am ganiatâd ymlaen llaw. Dylai pob cais am wyliau fod yn ysgrifenedig i'r pennaeth cyn teithio. Yn dibynnu ar bresenoldeb blaenorol eich plentyn, efallai y bydd y gwyliau yn cael eu hawdurdodi, neu efallai fydd y gwyliau'n cael eu cofnodi fel absenoldeb heb awdurdod ac yn arwain at hysbysiad cosb. Diolch am eich cefnogaeth gyda hyn.

Holidays

Please remember parents do not have an automatic right to withdraw pupils from school for a holiday and, in law, have to apply for permission in advance. All requests for holiday leave should be in writing to the head teacher prior to travel. Depending on your child's previous attendance, the holiday may be authorised, unauthorised, or a penalty notice issued.

Thank you for your on going support with this.

Bwyta'n Iach/Healthy Eating

Mae llaeth ar gael am ddim i ddisgyblion Derbyn i flwyddyn 2 yn ddyddiol. Polisi'r Ysgol yw i ganiatau byrbryd o ffrwyth yn unig yn ystod amser egwyl y bore. Rydym yn caniatáu dŵr yn unig yn y fflasgiau yn yr ystafelloedd dosbarth. Rydym yn annog pob disgybl i ddod â bocs bwyd iach, cytbwys os ydyn nhw'n dewis peidio â bwyta ciniawau'r ysgol.

Dylai un peth melys fod yn ddigonol fel rhan o'r cinio wedi'i bacio, nid ydyn yn annog bariau o siocled neu losin. Wrth siopa bwyd, ceisiwch feddwl am gynnwys un peth o'r eil cacennau a bisgedi, yn hytrach na chynnwys rhywbeth o'r eil lle mae losin a'r siocled os yn bosibl. Rydym yn caniatáu sudd i yfed fel rhan o ginio wedi'i bacio. Rydym yn ysgol sy'n hybu iechyd, rydym wedi derbyn ein pumed wobwr fel rhan o'r rhaglen 'Ysgolion Iach', ar hyn o bryd rydym yn gweithio tuag at y Marc Ansawdd Cenedlaethol, byddem yn gwerthfawrogi'n fawr eich cefnogaeth gyda'r mater hwn.



Milk is available for free to pupils from Reception to year 2. The school's policy is that we allow a healthy snack of fruit only at morning break. We also only allow water in flasks in the classrooms. We encourage all pupils to bring a healthy, balanced lunchbox if they choose not to eat the school dinners. One small sweet treat should be sufficient as part of the packed lunch, bars of chocolate and sweets are not encouraged. When food shopping, try to think of including one thing from the cakes and biscuits

aisle, rather than including something from the sweets and chocolates aisle, if possible. Juice or squash is allowed as part of a packed lunch. We are a health promoting school, we have received our fifth award as part of the Healthy Schools' programme, we are currently working for the National Quality Mark, we would very much appreciate your support with this matter.

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Blwyddyn 6/Year 6

Trosglwyddiadau i'r Uwchradd –trafnidiaeth

Mae dyletswydd statudol ar i CSP ddarparu cludiant am ddim i ddisgyblion oedran ysgol gorfodol i'w hysgol uwchradd dalgylch neu'r ysgol addas agosaf os ydynt yn byw dros 3 milltir o bellter cerdded.

Y dyddiad cau i rieni wneud cais am le mewn ysgol uwchradd yw **21 Rhagfyr 2022**. Anogwch bob rhiant i wirio hawl eu plant i drafndiaeth **cyn** iddynt wneud cais am le mewn ysgol. Gall rhieni ddefnyddio'r gwiriwr cymhwysedd trafndiaeth ar wefan CSP.

Secondary transfers – eligibility for transport

There is a statutory duty for PCC to provide pupils of compulsory school age with free transport to their catchment secondary school or their nearest suitable maintained school if they live over 3 miles walking distance.

The deadline for parents to apply for their secondary school place is **21 December 2022**. Please encourage all parents to check their children's entitlement to transport **before** they apply for a school place. Parents can use the [transport eligibility checker](#) on the PCC website.

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Bydda'n rhan o fudiad ieuentid mwyaf Cymru!
Drwy **YMUNO**, byddi'n agor byd o gyfleon newydd...

GWERSYLOEDD

Llangrannog, Glan-llyn, Glan-llyn Isa', Caerdydd...
Cyfle am anturiaethau epig gyda ffrindiau yn ein gwerylloedd.

urdd.cymru/gwersylloedd

MWYNHAU

Teithiau tramor, celfyddydau, cymdeithasu, gwneud ffrindiau newydd, adrannau ac aelwydydd a chyfleoedd gwirfoddoli.

urdd.cymru/fyrdal

EISTEDDFOD YR URDD

Gyda mwy na 400 o gystadlaethau, o ganu i goginio, o ddawnsio i ddyfynio gwefan, ac o sgwennu stori i serennu ar lwyfan - mae rhywbeth yma i bawb!

urdd.cymru/eisteddfod

CYLCHGRONAU

Cylchgronau Cymraeg apelgar, hwyliog ac addysgiadol ar gael am ddim yn ddigidol.

urdd.cymru/cylchgronau

SUT I YMAELODI

Pris aelodaeth: £10 y plentyn (Gostyngiadau ar gael*)
Aelodaeth teulu: £25 (tri neu fwy o blant)

Cer i'n gwefan i ymaelodi:
urdd.cymru/ymuno

*Gwyddom fod newidiadau i drefn 'cinio ysgol am ddim' ysgolion Cymru yn 2022/2023. Serch hynny, ar gyfer y prwpas yma os yw'r plentyn yn derbyn talebau 'cinio Ysgol am ddim', grant cyllun gwisg ysgol neu lwfans cynhaliadau addysg 16-18 fel cymorth ariannol yna pris aelodaeth yw £1.

Yr Urdd - yn cynnig profiadau unigryw, cyffrous a bythgofiadwy drwy gyfrwng y Gymraeg i ieuentid Cymru.

#DwinAelod



Be part of Wales' largest youth organisation!
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urdd.cymru/residential-centres

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urdd.cymru/myarea

SPORTS

Rugby, swimming, football, basketball, gymnastics, urban games... There are all sorts of clubs, activities and competitions available through the medium of Welsh.

urdd.cymru/sports

URDD EISTEDDFOD

With over 400 competitions, from singing to cooking, dancing to designing websites, and writing stories to starring on stage - there's something here for everyone!

urdd.cymru/eisteddfod

MAGAZINES

Free, fun and informative Welsh magazines available digitally. IAW is a magazine for secondary Welsh learners.

urdd.cymru/magazines

TO JOIN

Membership cost: £10 per child (Discounts available*)
Family membership: £25 (three or more children)

Visit urdd.cymru/join to start your journey as an Urdd member.

*We know that there are changes to school meal payments in Wales. However, if a child receives 'free school meal vouchers', the school uniform grant or education maintenance grant scheme then the price for membership is £1.

The Urdd - offering unique, exciting and unforgettable experiences through the medium of Welsh to the youth of Wales.

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