

# YSGOL CASMAEL

*Pennaeth/Headteacher: Mrs Amanda Lawrence*



7.5.20

Annwyl rieni,

Rwy'n credu bod nifer o'n teuluoedd yn cael trafferth gydag ein sefyllfa bresennol ychydig yn fwy yr wythnos hon. Mae'r plant wedi dod yn arfer a phethau fel maen nhw, ac mae llawer ohonyn nhw, a ninnau hefyd, yn gweld eisiau ffrindiau ysgol, athrawon ac aelodau o'r teulu. Cofiwch fod lles a hapusrwydd ein plant, a ninnau, o'r pwysigrwydd mwyaf. Byddwch yn falch o'r cyfan rydych chi wedi'i gyflawni, byddwch yn garedig i chi'ch hunain, a gwnewch rywbeth rydych chi i gyd yn ei fwynhau fel teulu dros y penwythnos.

Ar ôl tasgau'r wythnos nesaf y byddwn yn cymryd wythnos i ddal i fyny â gwaith a thasgau rydym heb gwblhau cyn i ni symud tuag at hanner tymor.

Mae yfory yn Wyl y Banc, fel arfer byddem ni i gyd wedi bod yn rhan o ryw fath o ddathliad diwrnod VE, bydd yfory felly yn wahanol i ni i gyd. Isod, mae rhai syniadau i gadw pawb yn brysur wrth aros yn ddiogel penwythnos yma. Mae yna lu o syniadau ar y we!

Ar y dechrau roeddem yn gweld llawer o luniau o'r plant, yn enwedig rhai'r dosbarth glas. Felly, penwythnos yma, hoffwn weld llun wrth bob teulu trwy'r system negeseuon, e-bost neu Trydar, er mwyn rhannu gyda ni i gyd yr hyn rydych chi wedi bod yn ei wneud dros Wyl y Banc, felly dyna'ch her! Mae'n sicr bod hon yn her lai poenus na llyncu wy neu gael eich gwlychu gyda dŵr rhewllyd! Gyda dymuniadau gorau am benwythnos iachus,

Amanda Lawrence,  
Pennaeth.

Dear parents,

I think it would be fair to say that a number of our children and families are struggling a little more with the current situation this week. For the children, the novelty has very much worn off, and many of them, and us too, are missing school friends, teachers and family members. Please remember that the well-being and happiness of our children, and ourselves, is of the utmost importance. Be proud of all you have achieved, be kind to yourselves, and try to do something you all enjoy over this Bank Holiday weekend.

After next week's tasks we will probably take a week to catch up with unfinished work before we head into half term.

Tomorrow is a Bank Holiday, we would normally all have been involved in some type of VE day celebration, this will be hard for us all. So below are some ideas

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that I found which might keep everyone occupied whilst staying safe. There are many others to be found on-line!

In the beginning we were seeing a lot of photos of the children, particularly the younger ones. So a little challenge, it would be really lovely if this weekend every family could post a photo by messenger, email or Twitter to show us all what you have been doing over the weekend. This is surely a less painful challenge than swallowing a raw egg or being drenched by ice cold water!

With best wishes for a healthy weekend,

Amanda Lawrence,  
Head Teacher.

## VE Day ideas

- Take part in two minute silence

At 11am, a national two-minute silence will be held to remember the sacrifice of those who fought in the war.

- The Nation's Toast to the Heroes

At 3pm, Britons are being invited to take to their doorsteps to raise a glass, cheer and clap during The Nation's Toast to the Heroes of World War Two. The official VE Day website reads that there'll be a chant of the phrase: "To those who gave so much, we thank you."

- Listen to the Queen's speech

A pre-recorded speech by the Queen will be broadcast at 9pm, the very moment her father, King George VI, addressed the people over radio on May 8 1945.

- Have a picnic or party in your own garden

Street parties aren't allowed because of social distancing rules but you could instead have a picnic or party in your own garden or on the balcony. It's chance to feel good after weeks of being stuck indoors during lockdown so we should make the most of it.

- Learn the Lindy Hop

This American swing dance originated in New York in the 1920s and 1930s and became popular in wartime Britain thanks to the US servicemen stationed here. The Swing Out is the main move you need to know, as a basic building block for the other steps.

- Join in a national sing-along

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Music helped to keep morale high in wartime and we could all use a little boost ourselves in these times of uncertainty. With that in mind, there's a nationwide sing-along to wartime classic *We'll Meet Again* planned on Friday night - led by none other than Dame Vera Lynn herself. The 103-year-old singer will perform from a window at her Sussex home just after 9pm, following the Queen's special address to the nation, and viewers are encouraged to join her. It will form part of televised musical event *VE Day 75: The People's Celebration* on BBC One from 8pm.

- Cook a 1945-style meal

Most food was rationed during the war and often cooks had to get inventive with their recipes.

Meat shortages meant things like Spam or corned beef hash became staple dishes, while carrots were used to sweeten cakes and biscuits in place of sugar. Other commonly-eaten dishes included the potato, cheese and onion-filled homity pie, supposedly first made by the Land Girls. And where would any British occasion be without scones?

- Do your hair in a victory roll

This rolled and pinned hairstyle was popular during the war and became associated with the victory manoeuvre of fighter aircraft during the Battle of Britain in 1940.

- Visit an online museum

The Imperial War Museum is inviting people to 'visit' from home by listening to a soundscape it has created to commemorate VE Day.

*Voices of War* is a four minute work featuring first-hand accounts of VE Day selected from IWM's vast sound archive.

It will be available to listen to at [iwm.org.uk/history/victory](http://iwm.org.uk/history/victory) on Friday May 8.

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*Sylw i bob ysgol!*

*A fyddech cystal â rhannu'r Arolwg Rhieni hwn yn eang gyda rhieni a gofalwyr, ac ar eich llwyfannau cyfryngau cymdeithasol. Rydym yn gobeithio y bydd yr ymatebion yn helpu i sicrhau bod yr arolwg hwn yn cael ei gyflwyno i gynifer o rieni a gofalwyr â phosibl, gan roi gwybodaeth am y ffordd orau o gefnogi teuluoedd gyda'r camau nesaf tuag at y' normal newydd '.*

*Plant yn dychwelyd i ysgolion - hoffai Cyngor Sir Penfro gael eich barn. Rhieni a gofalwyr, rydym am glywed gennych! Ledled y DU a ledled y byd, mae Llywodraethau'n penderfynu pa gamau y dylai plant a phobl ifanc eu cymryd nesaf, eu rhieni a'u hathrawon, i ddychwelyd i adeiladau ysgol. Mae llawer o bethau i'w hystyried, gan gynnwys iechyd pobl (corfforol a meddyliol); yr economi a'r gweithlu; a'r effaith hirdymor ar ddysgu plant. Wrth i ni baratoi ar gyfer y camau nesaf, mae'n hanfodol bod barn rhieni/gofalwyr a phlant yn cael ei chlywed-fel y gallant fod yn rhan o'r broses gynllunio hon.*

[https://forms.office.com/Pages/ResponsePage.aspx?id=Ug4\\_TzS3ZEGUCRtgHR5k-MtSdZVltRGhpVi0af2FdJUM1ZLNDQyTjExWVBaQjhPRFBFT1RVWVU3WS4u&nocdn=1](https://forms.office.com/Pages/ResponsePage.aspx?id=Ug4_TzS3ZEGUCRtgHR5k-MtSdZVltRGhpVi0af2FdJUM1ZLNDQyTjExWVBaQjhPRFBFT1RVWVU3WS4u&nocdn=1)

**Attention all Schools!**

*Please share this Parental Survey widely with parents and carers, and on your social media platforms. We hope that in getting this survey out to as many parents and carers as possible, the responses will help inform on how we can best support families with the next steps towards the 'new normal.' Children returning to schools - Pembrokeshire County Council would like your views. Parents and carers, we want to hear from you! Across the UK and across the world, governments are deciding what the next steps should be for children and young people, their parents, and their teachers, to return to school buildings. There are many things to consider, including people's health (both physical and mental); the economy and the workforce; and the long term effect on children's learning. As we prepare for the next steps, it is crucial that parents/carers and children's views are heard- so they can form a part of this planning process.*

[https://forms.office.com/Pages/ResponsePage.aspx?id=Ug4\\_TzS3ZEGUCRtgHR5k-MtSdZVltRGhpVi0af2FdJUM1ZLNDQyTjExWVBaQjhPRFBFT1RVWVU3WS4u&nocdn=1](https://forms.office.com/Pages/ResponsePage.aspx?id=Ug4_TzS3ZEGUCRtgHR5k-MtSdZVltRGhpVi0af2FdJUM1ZLNDQyTjExWVBaQjhPRFBFT1RVWVU3WS4u&nocdn=1)

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