Ysgol Casmael

Pennaeth/Headteacher: Mrs Amanda Lawrence

3.4.20

Annwyl Riant,

Rwy’n gobeithio eich bod chi i gyd yn cadw’n iach. Rwy’n siŵr y byddwch wedi dyfalu erbyn hyn nad oedd unrhyw un o staff Ysgol Casmael wedi dilyn y modiwl pandemig fel rhan o’n hyfforddiant yn y brifysgol! Oherwydd hynny, mae’n eithaf anodd gwybod beth i’w rannu gyda chi fel “cyngor i rieni”. Rydym wedi clywed y gair “digynsail” fwy o weithiau dros yr wythnosau diwethaf nag erioed o'r blaen. Ac mae'n wir ... mae'n ddigynsail. Felly llongyfarchiadau ar oroesi'r pythefnos diwethaf o dan y rheolau “cloi i lawr”.

Rydym yn gwybod bod llawer ohonoch yn poeni am sefyll personol o ran gwaith, gofal plant, eich statws fel gweithiwr allweddol, gwaith shifft a chyflog y mis nesaf. Mae gan rai ohonoch bryderon iechyd, mae llawer yn poeni am berthnasau oedrannus. Yn sydyn mae gennych blant bach i ddifyrru, pobl ifanc yn eu harddegau i godi o'r gwely, ac yna mae gan bob un ohonom y ton enfawr dyddiol o newyddion, diweddariadau, hysbysiadau di-stop a nonsens ar y cyfryngau cymdeithasol i ychwanegu at y gymysgedd. Un peth nad ydym am i chi boeni amdano yw Ysgol Casmael.

Mae Ysgol Casmael yma i'ch cefnogi chi a'ch teulu. Mae Ysgol Casmael yma nawr i'ch plant. Bydd Ysgol Casmael yma i'ch plant pan ddaw'r amseroedd rhyfedd yma i ben. Nid yw Ysgol Casmael yn mynd i unman.

Nid ydym yn disgwyl ichi redeg Ysgol Casmael o'ch cegin! Pan mae’r disgyblion yn treulio eu diwrnod gyda ni, maen nhw'n cymryd rhan mewn cofrestru, gwasaneth, amser chwarae, cael cinio, chwarae ar yr iard. Maen nhw'n mynd i'r cyntedd, i'r ystafell porffor i gael amser tawel, i'r neuadd, ac yn siarad o dan y canopi. Yn ystod eu gwersi arferol mae ein disgyblion yn gwneud gwaith pâr, gwaith grŵp, trafodaethau a gweithgareddau rhyngweithiol yn erbyn gweddill y dosbarth. Maen nhw'n cael trafodaethau dosbarth, maen nhw'n meddwl am atebion dosbarth cyfan i ddatrys heriau. Mewn rhai gwersi maen nhw'n perfformio cerddoriaeth a drama gyda'u cyfoedion, yn creu rhywfaint o gelf neu'n gweithio y tu allan. Maent yn cael cyngor gan eu hathrawon. Bob hyn a hyn, maen nhw'n gwneud rhai tasgau unigol, mewn distawrwydd, ar eu pennau eu hunain.

Yr unig bethau rydyn ni wedi gallu eu hanfon adref yw'r tasgau unigol hyn. Nid yw'r cyfyngiadau ar hyn o bryd yn caniatáu llawer mwy. Ni allwn anfon cyfoedion, athrawon a gwaith grŵp i'ch tŷ! Felly, heb hyn i gyd, mae'n ddigon posib y bydd eich plentyn yn gweithio trwy'r tasgau yn gyflym iawn. Hefyd, heb gefnogaeth cymheiriaid a mewnbwn athrawon, efallai y bydd eich plentyn yn ei

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chael hi'n anodd i gwblhau'r tasgau dyddiol o gwbl. Mae angen iddyn nhw wneud yr hyn sy'n bosib.

Mae'n bwysig i'ch plentyn roi cynnig ar dasgau, er mwyn meithrin rhywfaint o ddyflbarhad ac annibyniaeth. Ar hyn o bryd efallai na fydd hynny'n bosibl, ac efallai nid dyna'r flaenoriaeth. Gofynnwch iddyn nhw geisio, dyma'r gorau y gallwch chi ei wneud.

Mae'n amhosibl ailadrodd diwrnod Ysgol Casmael "normal" gartref. Dros yr wythnosau nesaf, bydd yn rhaid i ni gyd ddod o hyd i lefel newydd o "normal", diffiniad newydd o "normal". Cyn belled â bod pawb yn y tŷ yn ffit ac yn iach, bydd hyn, efallai, yn normal arafach, yn dawelach, yn normal mwy creadigol. Neu gall fod yn normal mwy prysur, yn normal mwy swnllyd, yn normal anniben, yn normal rhwystredig, yn enwedig os oes gennych blant bach yn y tŷ, neu os ydych chi'n ceisio gwneud eich gwaith eich hun o gartref. Mae angen i chi ddod o hyd i'ch "normal" newydd, gosod eich "normal" newydd a cheisio mwynhau eich "normal" newydd. Nid ydych chi am edrych yn ôl ar bandemig 2020 a dim ond cofio'r dadleuon teuluol!

Mae'n amhosibl gosod y swm cywir o waith i bawb. Mae staff wedi ymdrechu'n galed iawn i osod gwaith o bell i'n disgyblion. Roedd rhaid ei greu mewn cyfnod byr iawn. Rydym wedi ceisio ein gorau. Mewn gwers arferol, mae'ch plentyn yn gwneud amrywiaeth o dasgau, ac mae'r rhan fwyaf ohonynt yn cynnwys pobl eraill. Nid yw hyn yn bosibl gartref. Felly, nid ydym byth yn mynd i ennill fan hyn. Mae rhai rhieni eisiau mwy o waith, oherwydd bod rhai plant yn gorffen popeth rhwng 8 ac 8:30 y.b. Mae rhai rhieni eisiau llai, oherwydd bod eu plant eisiau aros yn y gwely pob bore ac eisiau gwneud y lleiafswm. Mae rhai disgyblion yn ei chael hi'n anodd, mae rhai disgyblion yn lapio'r profiadau newydd yma i fyny!.

Mae'r staff ar gael i ateb eich cwestiynau yn ystod diwrnod ysgol arferol. Byddant yn ateb e-byst cyn gynted ag sy'n ymarferol bosibl. Mae gan lawer ohonynt blant bach gartref.

Rwy'n siŵr bod gan lawer ohonoch bryderon ynglyn ag amser sgrin. Y gwir yw, rwy'n siwr bydd ein plant i gyd yn treulio mwy o amser o flaen sgrin dros yr wythnosau nesaf. Oes ots? Mae'n dibynnu. Os mae'r amser sgrin yn cynnwys cwblhau gwaith, teipio stori, gwneud rhai cwisiau ar-lein, gwylio S4C, gwylio Joe Wicks, gweithio ar Lexia, neu wneud rhywfaint o drin data digidol ar J2E, yna dwi'n siwr bod hynny'n iawn.

Os yw'n 12 awr y dydd yn chwarae ar Xbox tan 2 y bore, yna, ni fydd hynny byth yn iawn! Gosodwch y rheolau, cytunwch ar amseroedd penodol ar

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gyfer amser sgrin. Peidiwch defnyddio dyfeisiadau digidol amser cinio, rhowch y dyfeisiau digidol i gadw dros nos. Trowch y wifi i ffwrdd! Gwnewch eich gorau.

Byddwch am gadw'ch plant yn brysur. Rydyn ni'n deall hyn, felly rydyn ni wedi ceisio llunio tasgau a fydd yn helpu disgyblion i ddysgu, ond hefyd yn helpu eu rhieni i'w cadw'n "brysur". Ar ddiwedd y llythyr mae rhestr o dasgau penagored i'ch plant, tasgau sy'n ddefnyddiol ar unrhyw adeg.

Y Pasg yw'r Pasg. Sicrhewch fod gennych chi ddigon o siocled yn y ty! Mae gwyliau'r Pasg yn cychwyn ar brynhawn dydd Gwener, y 3ydd o Ebrill. Bydd y "gwyliau" yn para pythefnos, yn ôl yr arfer. Mae'n digon bosib y byddwn dal i fod yn yr un sefyllfa, hynny yw, o dan glo trwy gydol y gwyliau. Fodd bynnag, ni fydd unrhyw waith newydd yn cael ei osod ar gyfer disgyblion yn ystod yr amser yma. Mae angen seibiant ar ddisgyblion a staff (a rhieni?!) Gall disgyblion, yn amlwg, barhau i gwblhau rhai tasgau dyddiol, gallant ddarllen, gallant ysgrifennu, gallant fod yn greadigol. Mae pob dosbarth wedi penderfynu ar her y Pasg.

Dosbarth Glas - Creu Cerdyn Pasg, cymerwch ffoto ohono a'i e-bostio at Mrs. Phillips - phillipsm104@hwbcyumru.net Ceisiwch ddefnyddio cyfrif Hwb eich plentyn ar gyfer e-byst, mae hwn yn ddiogel i ddisgyblion ac i staff. Bydd y ffotograffau'n cael eu rhannu yn yr ardal gydweithredu ar One Note.
Dosbarth Melyn a Pinc. - Gwnewch brosiect Pasg bach, dim ond un dudalen ar bwnc o'ch dewis. Defnyddiwch bapur a lliwiau, cymerwch ffoto a'i e-bostio at - lawrencea9@hwbcymru.net Bydd y ffotograffau'n cael eu rhannu yn yr ardaloedd cydweithredu.

Bydd gwaith penodol i'r disgyblion yn ailgychwyn ar ddydd Llun 20fed o Ebrill. Erbyn hyn, byddai'n wych os oes modd i bob teulu cymryd rhan mewn dysgu ar-lein bob dydd. Bydd heriau newydd yn cael eu gosod ac, os ydym yn dal i fod yn yr un sefyllfa, bydd mwy o ddisgwyl i bob plentyn ymgysylltu bob dydd mewn dysgu. Cymerwch amser dros y pythefnos nesaf i feddwl sut y gallwch greu amserlen ddyddiol er mwyn eich helpu gyda hyn.

Dros wyliau'r Pasg, bydd y staff hefyd yn helpu i redeg ein Hwb i ofalu am blant ein clwstwr yng Nglannau Gwaun. Fe agorodd yr ysgol fel Hwb i blant lle mae'r ddau riant yn weithwyr allweddol ar ddydd Llun, y 30ain o Fawrth. Bydd yr ysgol yma ar agor am y bythefnos o wyliau'r Pasg i blant gweithwyr allweddol.

Diolch yn fawr am eich cefnogaeth i ni, diolch hefyd i'r staff am y ffordd y maent wedi chi, fi, ac wrth gwrs ein disgyblion.   Rydym wedi ceisio gwneud galwad ffôn i bob teulu yr wythnos yma, dim ond i ddweud helo, ac i sicrhau bod

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pawb yn ymdopi. Rwy'n credu bod y galwadau ffôn wedi mynd lawr yn dda, mae'r adborth gan ein teuluoedd wedi bod yn gadarnhaol iawn.

Hoffwn ddymuno seibiant Pasg diogel ac iach i chi gyd, gofalwch am eich teuluoedd, a gwnewch pob ymdrech i droi'r amser yma mewn i brofiad cadarnhaol i'ch plant, lle mae'n bosib.

Dymuniadau gorau i chi gyd,
Amanda Lawrence,
Pennaeth.

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Ysgol Casmael
Pennaeth/Headteacher: Mrs Amanda Lawrence

Dear Parent,

I hope that you are all healthy and well. I'm sure that you will have guessed by now that none of the Ysgol Casmael staff followed the pandemic module as part of our university teacher training courses, it is therefore quite difficult to know what to share with you as "advice for parents". We have heard the word "unprecedented" more times over the past few weeks than we have ever heard before. And it really is … it's unprecedented. Therefore congratulations on surviving the last two weeks of lockdown.

We know that many of you are worried about your logistics regarding work, childcare, key worker status, shift work, freelance work, next month's salary. Some of you have health worries, many are worried about elderly relatives. You suddenly have small children to entertain, teenagers to get out of bed, and then we all have the daily barrage of news, updates, non-stop notifications and nonsense on social media to add to the mix.

One thing we don't want you to be worried about is Ysgol Casmael. Ysgol Casmael is here to support you and your family. Ysgol Casmael is here now for your children. Ysgol Casmael will be here for your children when these very strange times come to an end. Ysgol Casmael is not going anywhere.
We don't expect you to run Ysgol Casmael from your kitchen.

When pupils spend their day at with us, they take part in registration, assembly, have a break, have lunch, play on the yard. They go to the porches, to the ystafell porffor for quiet time, to the hall and hang out under the canopy. During their usual lessons our pupils do pair work, group work, discussions and interactive activities against the rest of the class. They have class discussions, they think of whole-class solutions to tasks. In some lessons they perform music and drama with their peers, create some art or work outside. They seek advice from their teachers. Every now and then, they do some individual tasks, in silence, on their own.

The only things we have been able to send home are these individual tasks. The lockdown and its restrictions don't allow much else. We cannot send peers, teachers and group work along to your house. Therefore, without distractions and peers, your child may well work through the daily tasks very quickly. Also, without peer support and teacher input, your child may struggle to complete the daily tasks at all. They need to do what is possible.

It is important for your child to attempt tasks, in order to build up some resilience and independence. At the moment that may not be possible, and it may not be the priority. Ask them to try, it's the best you can do.

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Ysgol Casmael

Pennaeth/Headteacher: Mrs Amanda Lawrence

We know that the vast majority of our parents don't speak Welsh. When you made the decision to educate your child through the medium of Welsh, you hardly thought that one day your child would be educated in Welsh from your kitchen or lounge, due to a pandemic lockdown, with you having to try and support a Welsh-medium curriculum.

This is why we have tried to keep tasks as straightforward as possible. It's important that pupils have as much contact as possible with the Welsh language while they are away from school, make use of online resources or watch S4C. Please encourage your children to stay in close contact with the Welsh language as this present scenario may go on for a while, this will help in the long run.

Replicating a "normal" Ysgol Casmael day at home is impossible.
Over the next few weeks, we are all going to have to find a new level of "normal". A new definition of "normal". As long as everyone in the house is fit and healthy, this will possibly be a slower normal, a quieter normal, a chattier normal, a more creative normal. Or it may be a more hectic normal, a noisier normal, a messy normal, a frustrating normal, especially if you have small children in the house, or you're trying to do your own work from home. You need to find your new "normal", set your new "normal" and try to enjoy your new "normal". You don't want to look back at the 2020 pandemic and only remember the family arguments.

Setting the correct amount of work for everyone is impossible
Staff have tried very hard to set distance work for our pupils. It had to be created in a very short period of time. We have tried our best. In a normal lesson, your child does a variety of tasks, most of which involve other people. This is not possible at home. Therefore, we are never going to win this one. Some parents want more work, because their child finishes everything between 8 and 8:30am. Some parents want less, because their children want a lie in and want to do the minimum. Some pupils are struggling, some pupils are lapping it up.

Staff members are available to contact during an usual school day. They will answer e-mails as soon as is practically possible. Many have small children at home.
I'm sure many of you have concerns over screen time. The truth is, all our children are probably going to spend more time in front of a screen over the next few weeks. Does it matter? It depends. If it's screen time completing work, typing a story, doing some online quizzes, watching S4C, watching Joe Wicks, working on Lexia, or doing some digital data handling on J2E, then that's

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probably fine.

If it's 12 hours a day playing on an Xbox until 2am, then that is never going to be fine. Set the parameters, agree on set times, ban everything digital at mealtimes, confiscate digital devices over night. Switch off the wifi. Try your best.

You will want to keep your children busy. We understand this, so we have tried to come up with tasks that will help pupils learn, but also help their parents keep them "entertained" and "busy". At the end of the letter there is a list of open-ended tasks for your children, tasks that are useful at any time. Easter is Easter. Make sure you have plenty of chocolate. The Easter holidays start on Friday afternoon, 3rd April. The "holidays" will last a fortnight, as usual. We will probably still be in lockdown for the duration of the holidays. However, no new work will be set for pupils during this time. It should be a break for pupils and staff (and parents?!) Pupils can, obviously, carry on completing some daily tasks, they can read, they can write, they can be creative. Each class has decided on an Easter challenge.

Dosbarth Glas – Create an Easter Card, take a photo of it and email it to Mrs. Phillips phillipsm104@hwbcyumru.net Please try and use your child's Hwb account for emails, this is safe and secure for pupils and for staff. The photographs will be shared in the collaboration area of One Note.

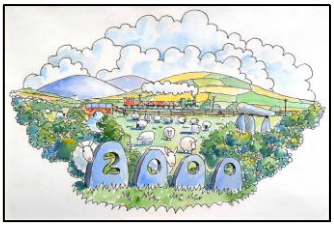
Dosbarth Melyn a Pinc. – Produce a mini, one page Easter project on a topic of your choice. Use paper and pens, take a photograph and email it to lawrencea9@hwbcymru.net. The photographs will be shared in the collaboration areas.

More prescriptive work for pupils will restart on Monday 20 April. By this time it would be great if more families could become engaged in daily online learning. New challenges will be set and, if we are still in the same situation, there will be a greater expectation for daily engagement in learning. Take some time over the next two weeks to think about how creating a daily timetable might help you with this.

Over the Easter break staff will also be helping to run the Fishguard Hub at Glannau Gwaun, which opened on Monday 30th March. This will also be open for the fortnight of the Easter holidays for the children of key workers.

Ysgol Casmael

Pennaeth/Headteacher: Mrs Amanda Lawrence



Many thanks for your continued support to us, many thanks also to the staff for the way in which they have supported me, you and of course our pupils. We have tried to make a phone call to every family this week, just to touch base and to check that everyone is coping. I think the phonecalls have gone down well, the feedback from our families has been very positive.

I would like to wish you all a safe and healthy Easter break, look after your precious families, and make every effort to turn this time into a positive experience for your children where possible.

Best wishes,
Amanda Lawrence,
Head teacher.

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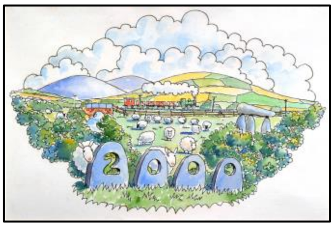
YSGOL CASMAEL

Pennaeth/Headteacher: Mrs Amanda Lawrence



Gweithgareddau/Activities

- Darllen llyfr – *Read a book – the best thing ever for passing the time and developing your child's literacy skills, however old they are!*
- Ysgrifennu am lyfr (neu ysgrifennu llyfr!) – *Write about a book (or write a book!)*
- Tynnu llun – *Draw a picture (or several!)*
- Gwylio S4C – *Watch S4C*: https://www.s4c.cymru/clic/ *(on S4C Clic you need to set up an account the first time you use it, just like iPlayer)*
- Cadw'n heini – *Keep fit, follow Joe Wicks if you like, but there are plenty of other options!*
- Ysgrifennu stori, sgript neu ddarn o farddoniaeth – *Write a story, script or poem.*
- Gwneud gwaith creadigol o ryw fath – *Do some sort of creative work* (no mess!)
- Ymarfer offeryn – *Practise an instrument*
- Lliwio – *Colouring*: https://emilyellenjames.myportfolio.com *(free, but you need a printer)*
- Gwersi arlunio ar-lein gyda Huw Aaron – *Online animation lessons in Welsh with Huw Aaron*: https://www.youtube.com/watch?v=jYGXCbvLu_o *(he is posting one lesson per day at 3pm)*
- Gwrando ar stori – *Listen to an audiobook*: https://stories.audible.com/start-listen (free) *** *Audible have released all their audiobooks free of charge – they have a HUGE catalogue – now is the time to listen!* ***
- Llyfrau David Walliams – *David Walliams is releasing a free audiobook per day. Listen and enjoy*: https://www.worldofdavidwalliams.com/elevenses/
- Darllen llyfr ar-lein – *Read an online book*: https://worldbook.kitaboo.com/ (plenty of ideas for free books)
- Gwylio fideos tablau – *Watch times tables videos in Welsh*: https://www.youtube.com/playlist?list=PLm3-WYdWIH3AkblyKK9UbS-1xuLLYFnFM
- Gwylio arbrawf ar-lein – *Watch a daily online experiment at Techniquest*: https://www.techniquest.org/daily-demos/
- Gwersi ukulele gyda Mei Gwynedd – *Online ukulele lessons with Mei Gwynedd*: https://www.youtube.com/watch?v=iVT-ULFoCqw
- Helpu gyda'r gwaith ty – *Help with the housework*
- Tacluso'ch ystafell wely – *Tidy your bedroom*
- Helpu i baratoi bwyd – *Help to prepare food*
- e-bostio aelod o'r teulu neu un o'ch athrawon – *e-mail a family member or one of your teachers*
- Ffonio aelod o'r teulu i weld sut maen nhw – *Phone a family member to check how they are*

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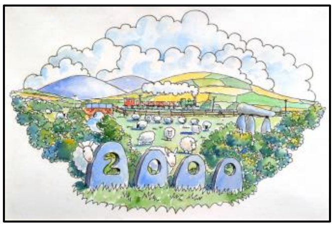

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