


YSGOL CASMAEL

Pennaeth/Headteacher: Mrs Amanda Lawrence

Amserlen wythnosol/Weekly timetable



16.3.20-20.3.20

Dydd Llun	Dosbarth Glas Llanast Llun/Blue Class (Mrs. Phillips) - Messy Mondays Please bring a coat and wellies labelled in a bag! Addysg Gorfforol Dosbarth Mrs. Phillips (Glas) Physical Education (Blue) Proseict Creadigol/Lead Creative Arts Project	
Dydd Mawrth	Gwersi Llinynnau/String and Harp Lessons Gwersi Chwythbrennau/Woodwind Lessons Nofio bl.3-6/Swimming Years 3-6 Dim Clwb Eco/ No Eco Club Eisteddfod Dawns - fe fydd angen crys-t du a leggings du/each pupil will need a black t-shirt and black leggings. All pupils taking part need to travel straight to Ysgol Bro Gwaun for a 4.00p.m practise with Mrs. Mc Cloughlin prior to the Eisteddfod starting at 4.30p.m. There is no running order for the Eisteddfod as yet. Please ask if you need help with transport.	
Dydd Mercher	Addysg Gorfforol Dosbarth Mrs. George (Melyn) & Mrs. Jones (Pinc) Physical Education. Ymweliad gan yr NSPCC/NSPCC visit Proseict Creadigol/Lead Creative Arts Project Ymarfer Eisteddfod - Grwpiau Canu/Singing Group practise - 3.15-4.15p.m	
Dydd Iau	Gweithdy Pypedau- Dosbarth Glas Puppet workshop - Blue Class. Ymarfer Eisteddfod -Pawb/Everybody 3.15-4.30p.m Bl.3-6	
Dydd Gwener		

Dyddiadau Pwysig/Important dates

- 17.3.20 - Eisteddfod Dawns/Dance Eisteddfod
- 21.3.20 - Eisteddfod Sir/County Eisteddfod
- 26.3.20 - Sioe Pypedau'r Dosbarth Glas/
Blue Class Puppet Show
- 6.4.20 - Gwyliau Pasg/Easter Holidays

Llongyfarchiadau enfawr i'r holl ddisgyblion a oedd yn llysgenhadon mor anhygoel dros Ysgol Casmael yn yr Eisteddfod heddiw, rhoddodd pob un ohonynt cant y cant mewn i'r perfformiadau. Fe wnaethon ni gerdded i ffwrdd gydag wyth gwobr 1af, un zil wobr a 5 trydydd (ar y cyfrif diwethaf!). Diolch i'r disgyblion i gyd am weithio mor galed, diolch hefyd i Mrs. Jones a Mrs. Evans am eu gwaith caled yn hyfforddi pawb.

Huge congratulations to all of the pupils who were such amazing ambassadors for Ysgol Casmael at the Eisteddfod today, every single one of them gave of their very best. We walked away with eight 1st prizes, one 2nd prize and 5 thirds (at the last count!). Thank you to all of these pupils for working so hard, thanks also to Mrs. Jones and Mrs. Evans for their hard work in training everybody.

Cyfeiriad/Address: Ysgol Casmael, Casmael, Hwlfordd, Sir Benfro SA62 5RL

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COVID-19

Fel y gwyddoch mae'n siŵr, cyhoeddodd y Llywodraeth ddoe fod y wlad yn awr wedi symud i'r cam "oedi" yn yr ymateb i'r achosion parhaus o glefyd feirws corona.

Ar hyn o bryd dylai ysgolion aros ar agor oni bai eu bod yn cael eu cyfeirio'n wahanol.

Symptomau salwch

Mewn mesur ychwanegol, gofynnir bellach i unrhyw un sy'n datblygu tymheredd neu beswch parhaus newydd i'w ynysu eu hunain am 7 diwrnod, waeth a ydynt wedi teithio i ardaloedd yr effeithiwyd arnynt a'i peidio. Mae hyn yn golygu ei bod yn ofynnol bellach i bob aelod o staff a disgyblion aros gartref ac osgoi pob cyswllt gyda eraill, onibai os yw'n hanfodol, am 7 diwrnod o'r pwynt lle maent yn arddangos symptomau ysgafn. Y cyngor a geir o dan amgylchiadau o'r fath yw nad oes angen i bobl alw GIG 111 i fynd yn hunan-ynysig, ond os yw eu symptomau'n gwaethygu wrth hunan-ynysu, neu os nad ydynt yn well ar ôl 7 diwrnod, y dylent gysylltu â'r GIG 111 ar-lein ar 111.nhs.uk.

COVID -19

As you will no doubt be aware, the Government yesterday announced that the country has now moved into the "delay" phase of the response to the on-going coronavirus outbreak.

At the current time schools should remain open unless otherwise directed.

Symptoms of illness

In an additional measure it is now requested that anyone who develops a temperature or new continuous cough to self-isolate for 7 days, regardless of whether they have travelled to affected areas. This means all staff and pupils are now required to stay at home and avoid all but essential contact with others for 7 days from the point of displaying mild symptoms. The advice is that in such circumstances people do not need to call NHS 111 to go into self-isolation, but if their symptoms worsen during home isolation or are no better after 7 days they should contact NHS 111 online at 111.nhs.uk.

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