

COMMON

CHILDHOOD CONDITIONS

Coughs and Colds -

A pupil with a minor cough or cold may attend school.

Raised Temperature -

Pupils should not attend school. They can return 24 hours after they start to feel better.

Vomiting and Diarrhoea -

Pupils should be kept off school but can return 48 hours after their symptoms disappear.

Rash -

Rashes can be the first sign of many infectious illnesses, such as, Chickenpox or Measles. Pupils should not attend school. If your child has a rash, check with your GP before sending them to school.

Headache -

A pupil with a minor headache doesn't need to be kept off school. If the headache is more severe or is accompanied by other symptoms, such as raised temperature or drowsiness, then keep the child off school and consult your GP.

Sore throat -

A sore throat alone doesn't have to keep a pupil from school. If it is accompanied by a raised temperature, the pupil should stay at home.

Further information as to the amount of time a child should stay at home for each infectious illness is available from the school office.

SCHOOL ATTENDANCE



Puncheston School

**An information
leaflet for
parents and
carers**

By Ryan Sinnott and Aneirin Vaughan

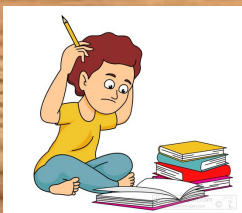
What to do when your child is absent.

By law, schools HAVE to keep a record of absences so you should:

- Ring the school by 9.30a.m on the first day of absence.
- Where possible, let the school know of any planned absences (E.g Medical Appointment).
- Where possible make appointments out of school time.

How it works..

This is Zack.



Zack attends school 90% of the time. This means he misses half a day a week. This works out to be four weeks of lessons in a year!!!

Term Time Holidays

Please be mindful that absence due to a holiday is not, and never has been, a parent's entitlement.

Family holidays should take place during school holidays. These days are published at least a year in advance, and are available on the Pembrokeshire County council Website, or from the school office.

Any absence or lateness during term time can be classed as an unauthorized absence and a Penalty Notice may be issued.

To avoid such action, please inform the school whenever your child is absent from school, for whatever reason.

Where attendance falls below 90% names are referred electronically to the Pupil Support Officer which will trigger a home visit.

Punctuality

Parents may not be aware of the difficulties experienced by their children if they are only a few minutes late every day.

Have you ever thought...

- 10 minutes late a day = almost a whole hour of lessons missed each week.
- Registers and school dinner numbers will already have been taken
- Children are often embarrassed.
- Pupils then take more time to settle down and to be ready to learn.



CLEFYDAU
CYFFREDIN MEWN
PLENTYNDOD

Annwyd neu Beswch -

Mae disgybl gydag annwyd neu beswch fel arfer yn iawn i ddod i'r Ysgol.

Tymheredd Uchel-

Os oes tymheredd uchel gyda disgybl y peth gorau yw aros gartref. Mae angen tua 24 awr i fynd heibio ar ôl i'r tymheredd i ddisgyn cyn iddynt ddychwelyd i'r Ysgol.

Chwydu neu Ddolur Rhydd-

Mae disgyblion yn gallu dod 'nôl i'r Ysgol ar ôl i 48 awr i fynd heibio ar ôl i'r chwydu neu'r dolur rhydd i wella.

Brech -

Fel arfer mae brech yn arwydd o glefyd heintus, fel Brech yr Ieir, neu'r Frech Goch. Dyle disgyblion aros gartref o'r Ysgol. Os oes brech gan eich plentyn dylech ofyn i'ch meddyg am gyngor.

Pen tost -

Nid oes angen i'r disgybl aros i ffwrdd o'r Ysgol os nad yw'r pen tost yn un wael. Ond os mae'r pen tost yn gwaethygu, neu mae gan y disgybl symptomau eraill fel tymheredd uchel neu flinder, wedyn ni ddylent ddod i'r Ysgol. Fe fydd angen cael gair gyda'r doctor.

Gwddf Tost -

Nid oes angen i wddf tost yn unig gadw disgybl o'r Ysgol. Unwaith eto, os oes symptomau eraill hefyd, fel tymheredd uchel, wedyn dyle'r disgybl aros gartref.

Presenoldeb Ysgol



Ysgol Casmael

Taflen Gwybodaeth

i

rieni a gofalwyr.

Gan Ryan Sinnott ac Aneirin Vaughan

Am wybodaeth bellach, cysylltwch â swyddfa'r ysgol os gwelwch yn dda.

Beth i wneud pan mae'ch Gwylliau yn ystod tymhorau'r ysgol.

Mae'r gyfraith yn dweud bod RHAID i bob ysgol cadw cofnod o absenoldebau. Felly,

- Cysylltwch â'r ysgol ar y diwrnod cyntaf o absenoldeb erbyn 9.30y.b.
- Rhowch wybod i'r ysgol os yr ydych yn gwybod am absenoldeb o flaen llaw, e.e apwyntiad meddygol.
- Os yn bosib, gwnewch apwyntiadau tu allan i oriau'r ysgol.

Sut mae hyn yn gweithio...

Dyma Zac.



Mae Zac yn yr ysgol 90% o'r amser, felly mae'n colli hanner diwrnod pob wythnos. Mae hynny'n pedwar wythnos o wersi mewn blwyddyn!!!

Nid oes hawl da rhieni mynd a'u plant ar wyliau yn ystod amser ysgol. Nid ydy'r rheol yma yn un newydd.

Gwylliau ysgol ydy'r amser i gymryd gwylliau fel teulu. Mae'r dyddiadau yma ar gael o leia blwyddyn o flaen llaw ar wefan Cyngor Sir Benfro neu o swyddfa'r ysgol.

Mae unrhyw absenoldeb neu hwyrni yn ystod y tymor yn gallu cael eu cofnodi fel Absenoldeb Heb Ganiatad ac yn gallu achosi Hybysiad Cosb.

Er mwyn osgoi Hysbysiad Cosb, rhowch wybod i'r ysgol am unrhyw absenoldeb, beth bynnag yw'r rheswm.

Os mae presenoldeb disgybl yn disgyn o dan 90%, mae'r enw yn cael ei gyfeirio yn electronig at y Swyddog Cynnal Presenoldeb.

Prydlondeb

Efallai nad ydych yn sylweddoli'r anhawsterau mae plant yn cael os maent yn hwyr pob dydd.

Ydych chi wedi ystyried bod...

- 10 munud pob dydd yn golygu bron awr pob wythnos.
- Eich plentyn yn colli'r gofrestr electronig ac yn colli'r gofrestr cinio.
- Mae gwneud y pethau yma ar ôl pob plentyn arall yn gallu achosi embaras i'ch plentyn.
- Eich plentyn wedyn yn gallu cymryd mwy o amser i ymlacio yn y dosbarth fel maent yn barod i ddysgu.

